



# Welcome to the family!

We are thrilled to have you as a patient at Suter Brook Dental Group and want to ensure your experience with us is unforgettable. To help us understand how to meet your specific treatment goals, please fill out these questions so we can know you better.

## THE NECESSITIES:

Your full name \_\_\_\_\_ How you'd like to be addressed \_\_\_\_\_

Your gender  Male  Female  Prefer not to specify

Your birthdate \_\_\_\_\_ Under 18? Please provide a guardian name & contact \_\_\_\_\_

Street address \_\_\_\_\_ City \_\_\_\_\_ Province \_\_\_\_\_ Postal code \_\_\_\_\_

Email address \_\_\_\_\_ Instagram/FB (optional) @ \_\_\_\_\_

Your emergency contact name & number \_\_\_\_\_

Whom may we thank for referring you to our office? \_\_\_\_\_

## THE STORY OF YOUR MOUTH:

- What brings you to our office today? \_\_\_\_\_
- When was your last dental visit and what work, if any, was done? \_\_\_\_\_
- There are 5 reasons why a person resists going to the dentist; are any of these a factor and if so choose the one that is most important:  
 Fear (on a scale of 1-10)  Time  Budget  Trust  No sense of urgency  N/A

### Although all of the following are important to your oral health, which one of these is the most important to you?

Cosmetic  Function  Comfort  Longevity

- If you could change anything about your smile, what would it be? \_\_\_\_\_
- How often do you brush your teeth? \_\_\_\_\_ How often do you floss your teeth? \_\_\_\_\_
- Do your gums bleed while brushing or flossing?  Yes  No
- Are your teeth sensitive to hot/cold liquids or foods?  Yes  No
- Do you feel pain in any of your teeth?  Yes  No
- Does food tend to get caught between your teeth?  Yes  No
- Do you have any sores or lumps in or near your mouth?  Yes  No
- Do you clench or grind your teeth?  Yes  No
- Do you bite your lips, cheeks and/or tongue frequently?  Yes  No
- Have you noticed any loosening or movement of any of your teeth?  Yes  No
- Do you suffer from having a dry mouth?  Yes  No
- Have you ever had radiation treatment to the face and/or neck?  Yes  No
- Have you had any complications with dental extractions in the past?  Yes  No
- Have you ever experienced any of the following problems in your jaw – clicking, pain (joint, ear, side of face, difficulty in opening or closing, difficulty in chewing)?  Yes  No
- Do you have frequent headaches?  Yes  No
- Do you snore at night?  Yes  No
- Do you experience restless sleep and/or feel drowsy when you start your day?  Yes  No

### In the past, have you ever had:

- Orthodontic treatment? If so, how old were you? \_\_\_\_\_
- Periodontal treatment (gums)? Describe what you had done \_\_\_\_\_

## MEDICAL HISTORY:

- Are you in good health?  Yes  No
- Have there been any changes in your health within the past year? If yes, please explain \_\_\_\_\_

• Physician's name, address & phone number \_\_\_\_\_  
Date of your last physician exam \_\_\_\_\_

- Are you currently under the care of a physician or any other health care professional (naturopath, RMT, chiro)? If so, who? And for what purpose? \_\_\_\_\_
- Have you ever been hospitalized for any surgical operations or serious illnesses. If yes, please explain \_\_\_\_\_

• Are you taking any medication(s) including non-prescription medicine such as vitamins/supplements. This information is confidential and helps us avoid potentially dangerous drug interactions. Please list here, including dosages: \_\_\_\_\_

- Do you have any allergies? \_\_\_\_\_
- Have you had any abnormal bleeding in the past?  Yes  No
- Do you bruise easily?  Yes  No
- Have you had any recent weight loss or gain? Please explain \_\_\_\_\_
- Do you smoke cigarettes, marijuana or chew tobacco? Circle which one(s), and report how much and how often? \_\_\_\_\_

- Do you, or have you, had a dependency on controlled substances? When and which one(s)? \_\_\_\_\_
- Are you pregnant or possibly pregnant?  Yes  No
- Are you nursing?  Yes  No
- Are you taking birth control pills?  Yes  No
- Please check if you have or have had any of the following. If yes, please elaborate on the condition, treatment/medications used for each:

Cardiovascular disease (high cholesterol, stroke, heart attack, congenital defects, artificial valves etc) \_\_\_\_\_

Lung disease (asthma, COPD, etc) \_\_\_\_\_

Liver disease (Hepatitis, fatty liver, cirrhosis, etc) \_\_\_\_\_

Kidney Disease (Stones, decreased GFR, etc) \_\_\_\_\_

Neurological (Epilepsy, MS, etc) \_\_\_\_\_

Muscular Disease (Muscular dystrophy, ALS, myasthenia gravis, etc) \_\_\_\_\_

Hormonal Disturbances (menopause, etc) \_\_\_\_\_

Mental Health Disease (anxiety, depression, bipolar, schizophrenia etc) \_\_\_\_\_

Gastrointestinal Disease (acid reflux, ulcers, Crohn's, UC, pancreatitis, etc) \_\_\_\_\_

Endocrine Disorders (Hypo/Hyper-Thyroid, adrenal insufficiency, diabetes type II, etc) \_\_\_\_\_

Autoimmune Disease (Diabetes type I, Sjogren's, lupus, HIV/AIDS etc) \_\_\_\_\_

Bleeding disorders (VWD, hemophilia, etc) \_\_\_\_\_

Skeletal/Arthritic Conditions (osteoporosis, etc) \_\_\_\_\_

Skin Disease (psoriasis, rosacea, eczema, etc) \_\_\_\_\_

Tumours (benign or malignant) and cancer \_\_\_\_\_

- Do you have a pacemaker?  Yes  No
- Do you have any prosthetic joints? If yes, which one(s) \_\_\_\_\_
- Have you ever taken bisphosphonates? If so, for how long? \_\_\_\_\_
- Have you ever suffered a head, neck or jaw injury? What happened? \_\_\_\_\_
- Are you known to get frequent cold sores?  Yes  No
- Do you have a sensitivity to latex products?  Yes  No

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Doctor Signature: \_\_\_\_\_